

It's time for a medical revolution



Srinivasan BR

Correspondence to:

resure2@yahoo.com

Dr. Bharatwaj Resiure Srinivasan, MD, Associate Professor,
Dept. of Community Medicine, Vinayaka Mission Medical College
Karaikal, Puducherry, India.

Editors for this Article:

Dr. A.K. Pradhan, MBBS, MD, Professor, KIMS, Amalapuram,
Editor-In-Chief, Medical Science.

Dr. Brijesh Sathian, PhD, Assistant Professor, Dept. of Community
Medicine, MCOMS, Pokhara, Nepal

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Dear Sir,

The caterpillar of the Newtonian era of physics has long burst out and the metamorphosed form is a radically different way of viewing the physical world. This is not to negate the simple laws of physics that guide us faithfully to date but takes a leap into a realm that has this far been a core domain of the metaphysical. Taking the various aspects of health into consideration, there has been a very clear recognition of the multidimensionality of health, touching upon and influencing the physical in distinct ways [1]. The fabric of what is referred to as health is weaved out of intricate intertwining variegated threads of multitudinous factors, of which in the field of mainstream medicine, only the physical and mental dimensions have received maximum attention. Though the so called alternative modalities of medicine have been in vogue for as long as human history goes the core principles in these that aid in the healing process have hitherto been put to the grind of acknowledged methods of scientific research in any big way, but now, the scenario is changing. The processes like pranic healing, chakra healing among many others claim to work on bio-energy manipulations or modifications [2]. These modalities have so far been viewed by the main stream medicine as mere mumbo-jumbo that deserves to be ignored and discarded, but are now being looked at in a new light of openness.

The power of belief in the healing process is now acknowledged in open minded scientific circles. How the individual's belief goes on to influence the health of the individual even up to the microscopic cellular level has been studied and documented [3]. The fact that belief can sometimes even cure fatal organic illness has been presented and accepted in scientific forums [4].

The foray of quantum physics into the current diagnostic modalities is portrayed among many in the form of CT Scans, MRI. But the method of looking at the patient, I would prefer the word "Individual with imbalance", purely as a conglomeration of physical symptoms and signs indicative of a fault in the human machine, needs a radical change in the light of quantum way of looking at the world. The doubts as to the applicability of the principles of quantum physics, which one might rightly suspect based on observed facts, not to have a sway in biological systems at room temperatures is



being clarified by extremely plausible models [5]. The findings in quantum biology may completely change our whole way of looking at biology. The time has come to drop the blind folds of old knowledge and open ourselves to make efforts to discover, what are the different ways a human life is influenced and see if there could be ways to harness the same in the intention of human well being, this by going beyond the narrow mindedness, brought on by unhealthy economic interests. A paper in the recent past by a trustworthy western agency has pointed to the undeniable fact that in the USA, iatrogenic causes are the numero uno cause of death [6].

This is a shocking truth that has to be taken for what it is. The course to be followed is of course not of despondency, nor would it be advisable to spark a denial, but create a willingness to have a fresh look at 'how health happens'. A simple case in point would be to research on how a placebo healing happens. The health care delivery sector is in service to human wellbeing and such being the case cannot be sectarian nor stand isolated and refuse to be touched by the huge impact made by the new quantum biology.

There is tremendous scope and the possibilities seem unlimited yet the cold hands of large vested interests fearing loss of their power and hold is in a way a hindrance towards this revolution.

The future lies in integration, assimilation and growth of ways to be discovered and cannot be held back for long. As doctors it would be advisable to be open to radical changes and brace ourselves to the social perspective alterations it is bound to invoke.

Key words

Chakra healing, medical revolution, pranic healing

Competing interests

None

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